

尊重生命



發揚醫德

藥-您健康

藥物

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耐絞寧

Nitrostat

Please follow the proper instructions on dosage and administration when using a medication to ensure your safety

此教育單張並未包含本院所有的藥品資訊。

若您仍有其他相關問題，請詢問您的醫師或藥師！



Introduction to Medication

- Name of Medication: Nitrostat
- Active ingredient: Nitroglycerin 0.6mg
- Effects:

Nitrostat improves the oxygen supply to the heart and can be used to prevent or relieve chest pain (angina). The sublingual tablet acts quickly, providing relief from acute symptoms of angina.



Instructions of Use

- How to take the medication:

At the onset of the first signs of acute angina, promptly place one tablet of nitroglycerin under your tongue to allow it to dissolve and to be absorbed.

Take one more tablet every five minutes before the symptoms are alleviated. If pain still persists after taking 3 tablets within 15 minutes, seek immediate medical attention.

For prevention, take the tablet 5-10 minutes before engaging in activities that may trigger an episode.

During an acute angina attack, it is best to rest and sit while taking the medication. Always follow the dosage and administration instructions provided by your doctor or pharmacist.

Do not alter anything on your own.

●Pharmacist's reminder

1. Nitroglycerin may lose its effectiveness when placed on shelter for a long time, so remember to attend regular check-ups and inform your doctor about the frequency and severity of your chest pain.
2. Follow your doctor's instructions for all daily activities, such as quitting smoking, avoiding alcohol, managing your weight, reducing strenuous exercise, etc.
3. Nitroglycerin may cause dizziness, so be cautious when performing dangerous activities (e.g., driving or operating a machine).
4. Always check that you have enough medication by your side, especially before holidays or travel.
5. If you are pregnant or breastfeeding, inform your doctor before using the medication.
6. If you have previously had an adverse reaction to a nitrate preparation, inform your doctor beforehand.
7. Always inform your doctor about any other medications you are currently taking (including prescribed and over-the-counter medications), especially blood pressure medications and sedatives.

8. Store nitroglycerin in its original container with the lid tightly closed and keep it in a dry, room-temperature environment. Once the bottle is opened, discard the cotton inside, and any unused tablets should be discarded three months after opening.

● Possible side effects:

(Drug side effects do not occur in every individual. The following are for reference only and should not cause unnecessary concern or refusal of treatment. If side effects occur, consult your healthcare provider.)

1. **Headache:** If the headache persists, ask your doctor whether you can take a headache medication or if the dosage needs to be adjusted.

Do not take headache medication or adjust the dosage of nitroglycerin without a doctor's approval.

2. **Dizziness,** weakness, fainting, rapid heartbeat: Lie down or sit immediately. If the symptoms persist or you faint, seek immediate medical attention.

3. Stomach discomfort, blurred vision, dry mouth, rash: If the symptoms persist and worsen, contact your doctor immediately.

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