



Precautions of radiation therapy

放射治療注意事項

1. Treatment time:

* Time of first treatment: _____YYYY_MM__日____hh____mm

Please check in at the scheduled time. To save your waiting time, please avoid arriving too early or late. If you are unable to attend, please inform the staff in advance.

* Monday to Friday, five days a week (except government-announced typhoon holidays and 1 department-specific holiday).

* The radiation therapist will schedule your daily treatment time during the treatment session.

2. For each treatment session, please bring your National Health Insurance card and check in at the service counter. If you need to go through the hospitalization or discharge procedure during the treatment period, please inform us to make proper adjustment to the pricing for you.
3. During the treatment, you will have an outpatient visit once a week when the doctor will assess you for your response to the treatment and side effects due to the treatment. You do not need to register for the visit on the visit day. Just bring your National Health Insurance card.
4. If you have an appointment with another outpatient clinic or have scheduled special examinations (such as a bone scan, positron emission tomography scan, chemotherapy, CT scan, X-ray, etc.) on the same day as your treatment, please inform us in advance, and we will adjust your treatment time accordingly.
5. During the treatment period, if you have **any blood tests**, please be sure to inform us.
6. The radiation therapist will mark the treatment area on your skin with lines. Please keep the marks intact.

If the marks become unclear or fade, do not redraw them yourself. Please inform the staff.

7. Skin care during the treatment period:

- * Do not wash off the skin marks on the irradiated area. The irradiated area should not be washed with soap; only use clean water. Avoid scrubbing. Gently pat with a soft towel to dry the area.
- * During or after treatment, avoid applying heat to the irradiated area.
- * Choose soft clothing materials to avoid friction or abrasions on the skin, especially avoiding tight or rough clothing such as bras, belts, stiff collars, or ties.
- * If your skin itches, you may gently pat it, but do not scratch with your nails to avoid breaking the skin. Do not apply any powders, ointments, lotions, or oils to the irradiated area, unless it is something prescribed by a radiation oncologist, which should not be applied within four hours before the radiation treatment.

Radiation Oncology Department of Taichung
Armed Forces General Hospital

Contact number: 04-23934191, ext. 525454~525456