

**Taichung Armed Forces General Hospital**  
**Leaflet of Inpatient Nursing Instructions**

**產婦待產入院之注意事項**

Sir/Lady:

Precautions for pregnant women admitted for labor

I. Purpose:

This is a mother-baby friendly hospital. We encourage breastfeeding immediately after birth on the delivery table and recommend that mothers and babies room together for 24 hours to establish a close bond as early as possible. During the rooming-in period, please breastfeed according to the baby's needs and do not introduce any food other than breast milk. Colostrum contains antibodies that can increase the baby's resistance to diseases and is non-allergenic. If you have any questions regarding breastfeeding, please feel free to ask the nurses.

II. Precautions:

(1) Visiting hours for the baby room:

Morning: 10:00-11:00, evening: 19:00-20:00.

(2) For mothers breastfeeding their babies personally, there is no time limit for breastfeeding. This unit is open 24 hours.

(3) If the mother is a carrier of hepatitis B [HbeAgG (+) or HBsAg (+) with a titer > 2560], please inform the nurse at the delivery room immediately and provide the test report. The baby will need to receive an injection of immunoglobulin within 24 hours.

(4) Pain relief during labor:

The use of narcotic pain relievers (such as Pethidine) during labor may affect the newborn's sucking ability and delay the initiation of breastfeeding, especially if used within 1 to 5 hours before birth, as it suppresses the newborn's sucking behavior. The impact of painless delivery on breastfeeding is still inconclusive.

(5) On the day of the baby's birth, please complete the hospitalization procedures at the baby room.

(6) Newborn metabolic screening will be conducted on the morning of the third day after birth. If abnormalities are found, you will be contacted by phone within one month for a follow-up check. If the report is normal, no further contact will be made.

(7) After evaluation by the doctor, a decision will be made regarding the baby's discharge. If you wish to discharge early, please inform us one day in advance. Requests to go through discharge procedures are handled after 8 AM.

(8) According to the Bureau of National Health Insurance, the newborn discharge time is:

For natural delivery (hospital stay of three days), the baby is discharged on the fourth day after birth.  
For cesarean section (hospital stay of six days), the baby is discharged on the seventh day after birth.

(9) If the discharge procedures are not completed on the day the baby should be discharged, the baby will be automatically transferred to foster care (with a charge of 1000/day).

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- (10) When discharging the baby, please bring the baby's clothes and the mother's health insurance card to the baby room for discharge procedures.
- (11) Health insurance for hospitalized sick babies:  
If your baby is hospitalized due to illness, he/she will be covered under the mother's health insurance within 30 days of birth. Please bring the mother's health insurance card to the 1st-floor service center to update the baby's information.
- (12) If you have any questions, please contact the baby room.  
TEL: (04) 23934191 ext. 525481 or (04) 23929703.
- (13) Hospital breastfeeding consultation hotline: (04) 23929703.
- (14) Hospital breastfeeding consultation website:  
<http://www.803.org.tw/friend1y/web/01about/01about.htm>

If you are still unclear about something or have any questions, please contact the nursing station in the ward