

# Taichung Armed Forces General Hospital Leaflet of Inpatient Nursing Instructions

## 親子同室感染控制之護理指導

Sir/Lady:

Nursing instructions for rooming-in infection control

### I. Purpose:

To align with the initiative by the Ministry of Health and Welfare to promote parent-infant rooming-in care in their policy of making "Mother-Infant Friendly Hospitals," this plan establishes the principles and safety measures for rooming-in infection control.

### II. What is parent-infant rooming-in?

Parent-infant rooming-in care refers to the practice where the newborn and mother are cared for in the same unit, providing continuous opportunities for family members to interact with the new baby. This helps establish a close bond early on and allows parents to learn how to care for the baby effectively, boosting their confidence in caring for the baby after leaving the hospital.

### III. Benefits of parent-infant rooming-in:

- (1) Providing a quiet and comfortable breastfeeding environment.
- (2) Increasing the likelihood of successful breastfeeding.
- (3) Allowing parents to learn infant care skills.
- (4) Early establishment of parent-child bonds.
- (5) Allowing the mother to rest according to her own physical condition.

### IV. Infection control principles:

- (1) Visitors or caregivers with infectious diseases (e.g., cold, diarrhea, tuberculosis, chickenpox, measles, upper respiratory symptoms, and fever) should not visit the mother or baby in the hospital room.
- (2) Each room is equipped with alcohol-based hand sanitizers at the entrance.
- (3) Wash hands before touching the baby.
- (4) Visitor numbers are limited to 2 people at a time.
- (5) The baby should sleep in its own crib.

### V. Safety maintenance:

- (1) Under parent-infant rooming-in care, the mother should not request someone from adjacent beds or strangers to care for the baby and should not leave the baby alone in the room. If needed, the baby can temporarily be sent back to the nursery for care.
- (2) Nursing staff periodically check on the mother and baby at the mother's bed.

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- (3) When breastfeeding, the mother should raise both side rails of the bed and use protective rail pads to prevent the baby from falling.
- (4) The hallway of the postpartum ward is monitored 24 hours a day for safety.
- (5) The mother can lock the room door during parent-infant rooming-in. Nurses will knock before entering and will use the intercom to communicate if no one answers. Mothers in single suites can contact the staff members by phone.
- (6) For postpartum parent-infant rooming-in, visitors are limited to 2 people at a time.
- (7) If either the mother or baby cannot participate in the parent-infant rooming-in care, the practice will stop, and the baby will be returned to the nursery for care.
- (8) Parent-infant rooming-in time: 24 hours, with appropriate flexible adjustments based on the mother's condition.

If you are still unclear about something or have any questions, please contact the nursing station in the ward