

Taichung Armed Forces General Hospital

Leaflet of Inpatient Nursing Instructions

小兒預防跌倒&床落之護理指導

Sir/Lady:

Nursing Instructions for Pediatric Fall Prevention & Bedside Safety

- I. Purpose: To prevent children from falling and from falling off the hospital bed or wheelchair during their hospital stay.
- II. Precautions:
 - (1) When the patient is on the bed, always raise the bed rails on both sides and ensure that they are locked. If the patient needs to get out of bed, lower the bed rails first. Do not climb over them (as shown in the figure).
 - (2) For pediatric patients sleeping in cribs, bed rail protectors can be used to prevent them from bumping into the bed rails.
 - (3) Place the call bell next to the pillow or within easy reach.
 - (4) If you need any assistance and have no family members nearby, please notify the nurse.
 - (5) Family members should always place commonly used items within the child's sight and within easy reach.
 - (6) Remind the caregiver or companion to inform the nurse or ensure that the patient is properly cared for when leaving the ward or bedside, and that the duration of absence should not be long.
 - (7) Do not let the child leave the sight of his/her parent or caregiver.
 - (8) Do not let the child play on the bed or move the IV stand.
 - (9) During non-rest periods, please draw the curtains or partitions open in the patient's room to increase visibility.
 - (10) Do not place too many items on the bed, and keep the bed sheet flat to reduce the risk of the child falling.
 - (11) Do not allow the child to stand on the bed.
 - (12) A child falls from the bed often in an instant: for example, when you turn to heat milk, grab something, or use the restroom. Stay alert.
 - (13) Place the call bell next to the pillow or within easy reach.

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Figure: A crib for pediatric patient with the bed rails raised



If you are still unclear about something or have any questions, please contact the nursing station in the ward.